



Navy Adaptive Sports Calendar



September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p>For sign ups, locations, questions or concerns please contact: Philip Rackham – Navy Adaptive Reconditioning and Sports Coordinator</p> <p>rackhamp@MagellanFederal.com 910-587-0224</p>			<p>1</p> <p> EQUINE THERAPY 1000-1200 Clifton, VA</p> <p> TENNIS 1000-1200 College Park, MD</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> ADAPTIVE GOLF - PGA 1300-1500 Towson, MD</p>	<p>2</p> <p> KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD</p> <p> CYCLING 1300-1400 Walter Reed</p>	<p>3/4</p> <p>ADAPTIVE GOLF - PGA 1300-1500 Joint Base Andrews, VA</p>
<p>5</p> <p> ROWFIT 1300-1400 Fort Belvoir</p> <p> CORNHOLE 1400-1500 Fort Belvoir</p>	<p>6</p> <p> AIR RIFLE 0900-1030 Centerville, VA</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p>	<p>7</p> <p> CYCLING 1000-1200 Walter Reed</p> <p> YOGA 1100-1200 Walter Reed</p> <p> ARCHERY 1300-1500 Fort Belvoir, VA</p> <p> ROWFIT 1400-1500 Walter Reed</p>	<p>8</p> <p> EQUINE THERAPY 1000-1200 Clifton, VA</p> <p> TENNIS 1000-1200 College Park, MD</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> ADAPTIVE GOLF - PGA 1300-1500 Towson, MD</p>	<p>9</p> <p> WHITE WATER RAFTING Harper Ferry, WV 1000-1200</p> <p> CYCLING 1300-1400 Walter Reed</p>	<p>10/11</p> <p>ADAPTIVE GOLF - PGA 1300-1500 Joint Base Andrews, VA</p>
<p>12</p> <p> ROWFIT 1300-1400 Fort Belvoir</p> <p> CORNHOLE 1400-1500 Fort Belvoir</p>	<p>13</p> <p> AIR RIFLE 0900-1030 Centerville, VA</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> NATURE WALK 1030-1130 Washington DC</p>	<p>14</p> <p> CYCLING 1000-1200 Walter Reed</p> <p> YOGA 1100-1200 Walter Reed</p> <p> ARCHERY 1300-1500 Fort Belvoir, VA</p> <p> ROWFIT 1400-1500 Walter Reed</p>	<p>15</p> <p> SAILING 1000-1200 Annapolis, MD</p> <p> TENNIS 1000-1200 College Park, MD</p> <p> EQUINE THERAPY 1000-1200 Clifton, VA</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> ADAPTIVE GOLF - PGA 1300-1500 Towson, MD</p>	<p>16</p> <p> KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD</p> <p> CYCLING 1300-1400 ET Walter Reed</p>	<p>17/18</p> <p>ADAPTIVE GOLF - PGA 1300-1500 Joint Base Andrews, VA</p>
<p>19</p> <p> ROWFIT 1300-1400 Fort Belvoir</p> <p> CORNHOLE 1400-1500 Fort Belvoir</p>	<p>20</p> <p> AIR RIFLE 0900-1030 Centerville, VA</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p>	<p>21</p> <p> CYCLING 1000-1200 Walter Reed</p> <p> YOGA 1100-1200 Walter Reed</p> <p> ARCHERY 1300-1500 Fort Belvoir, VA</p> <p> ROWFIT 1400-1500 Walter Reed</p>	<p>22</p> <p> EQUINE THERAPY 1000-1200 Clifton, VA</p> <p> TENNIS 1000-1200 College Park, MD</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> ADAPTIVE GOLF - PGA 1300-1500 Towson, MD</p>	<p>23</p> <p> KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD</p> <p> CYCLING 1300-1400 Walter Reed</p>	<p>24/25</p> <p>ADAPTIVE GOLF - PGA 1300-1500 Joint Base Andrews, VA</p> <p> ROCK CLIMBING Sunday, 1630-1830 Sport Rock of Alexandria VA</p>
<p>26</p> <p> ROWFIT 1300-1400 Fort Belvoir</p> <p> CORNHOLE 1400-1500 Fort Belvoir</p>	<p>27</p> <p> AIR RIFLE 0900-1030 Centerville, VA</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> NATURE WALK 1030-1130 Washington DC</p>	<p>28</p> <p> CYCLING 1000-1200 Walter Reed</p> <p> YOGA 1100-1200 Walter Reed</p> <p> ARCHERY 1300-1500 Fort Belvoir, VA</p> <p> ROWFIT 1400-1500 Walter Reed</p>	<p>29</p> <p> EQUINE THERAPY 1000-1200 Clifton, VA</p> <p> TENNIS 1000-1200 College Park, MD</p> <p> ROWING ON THE WATER 1000-1200 Washington DC</p> <p> ADAPTIVE GOLF - PGA 1300-1500 Towson, MD</p>	<p>30</p> <p> KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD</p> <p> CYCLING 1300-1400 Walter Reed</p>	